



Tuscaloosa County Community Resource Guide

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SECTION 1

MEDICAL AND REHABILITATION

Name of Agency	Alabama Disabilities Advocacy Program (ADAP)
Website	https://adap.ua.edu/
Address	The University of Alabama
Phone	(205) 348-4928
Hours	Monday-Friday 8:00-4:30
Type of Services	Monitors and investigates alleged incidents of abuse and neglect in a variety of public and private facilities that provide care or treatment to persons with disabilities. Info and referral services, case advocacy, education and training; email adap@adap.ua.edu

Name of Agency	Ability Alliance of West Alabama
Website	www.abilityalliance.info
Address	1002 McFarland Blvd Northport 35476
Phone	(205) 333-3131
Hours	Monday-Friday 8-4:30
Type of Services	Helps ensure people with intellectual disabilities receive appropriate services, assessment/evaluation, case management, dial-a-ride, emergency food assistance, self-advocacy, skills training

Name of Agency	Alabama Department of Mental Health
Website	https://mh.alabama.gov/
Address	
Phone	(800)-367-0955
Hours	
Type of Services	Oversees many regional mental health service providers, state facilities such as Bryce, Mary Stark Harper Geriatric Center, Taylor Hardin. Call for more information about local mental health services. Oversees Region II Community Services, which helps individuals with intellectual disabilities.

Name of Agency	Alabama Department of Rehabilitation Services (ADRS)
Website	http://www.rehab.alabama.gov/home
Address	1400 James I Harrison Pkwy Tuscaloosa 35405
Phone	(205) 554-1300
Hours	Monday-Friday 8-5
Type of Services	Provides counseling and guidance, job development, job placement, and job coaching services. Mainly assist with job training for those with disabilities, such as vision, hearing, intellectual disabilities, mental illness, substance abuse, or other things which make finding/keeping a job more difficult.

Name of Agency	Alabama Head Injury Foundation
Website	http://www.ahif.org/
Address	3100 Lorna Road Suite 203 Hoover 35216
Phone	(205) 823-3818
Hours	
Type of Services	Information, education, and advocacy

Name of Agency	Alabama Institute for Deaf and Blind (AIDB)
Website	https://www.aidb.org/
Address	Tuscaloosa Regional Center 2412 Skyland Blvd E Tuscaloosa 35405
Phone	(205) 345-2883
Hours	
Type of Services	Diagnosed hearing or vision loss of 25%

Name of Agency	Alabama Lions Sight Conservation Association
Website	https://alabamalionsight.org/
Address	700 South 18 th Street Birmingham 35233
Phone	(205) 325-8519
Hours	
Type of Services	Diagnosed hearing or vision loss of 25%

Name of Agency	ARC of Tuscaloosa-McGraw Center
Website	http://www.thearcoftuscaloosa.org/
Address	1330 University Blvd. E Tuscaloosa 35404
Phone	(205) 556-4900
Hours	Monday-Friday 7:30-4:30
Type of Services	In home day training and supported employment for adults 21 years and older with intellectual disabilities

Name of Agency	Arts n' Autism
Website	https://www.artsnautism.org/
Address	2625 8 th Street Tuscaloosa 35401
Phone	(205) 247-4990
Hours	
Type of Services	Services for preschool children to young adults with Autism. Afterschool/summer programs. Can request tuition assistance. Call for more information.

Name of Agency	Autism Spectrum Clinic
Website	https://www.autism-clinic.ua.edu/
Address	603 Hackberry Lane Tuscaloosa 35401
Phone	(205) 348-3130
Hours	
Type of Services	Education, counseling, medical assistance to children with Autism and their families

Name of Agency	Bradford Health Services
Website	https://bradfordhealth.com/
Address	515 Energy Center Blvd Northport 35473
Phone	(205) 750-0227 or (800) 891-9673
Hours	
Type of Services	Substance abuse, counseling (children and adults)

Name of Agency	Brewer Porch Children's Center
Website	https://bpcc.ua.edu/
Address	2501 Woodland Road Tuscaloosa AL 35404
Phone	(205) 348-7236
Hours	
Type of Services	Residential and short-term treatment and assessment, Autism intervention program, school day program. Ages 6-18, at-risk, special needs children, adolescents and their families. Primarily for children with behavioral problems.

Name of Agency	Caring Days Adult Daycare
Website	https://www.caringdays.org/
Address	943 31 st Street E Tuscaloosa
Phone	(205) 752-6840
Hours	Monday-Friday 7:00am-5:30 pm
Type of Services	Daycare for adults with Alzheimer's, Parkinson's and other forms of dementia, caregiver resources. Partnering agencies/programs assist with variety of wellness programs for those with memory disorders.

Name of Agency	Choices Pregnancy Clinic
Website	https://choicespregnancyclinic.org/
Address	535 Jack Warner Pkwy NE Suite G1 Tuscaloosa 35404
Phone	(205) 759-5433
Hours	
Type of Services	Abortion information, adoption information and agency referrals, maternity and infant supplies, medical referrals, parenting education, post-abortion support, pregnancy option information, pregnancy tests, support for men, and ultrasounds

Name of Agency	Crescent East Health Center
Website	
Address	120 51 st Ave Tuscaloosa 35404
Phone	(205) 556-6042
Hours	
Type of Services	Health care for Medicaid recipients, WIC, HIV/AIDS primary care, women's health care, transportation, prescription assistance, prenatal, mental health, chiropractic, and health promotion disease prevention

Name of Agency	DCH Medical Center (Main Hospital)
Website	https://www.dchsystem.com/
Address	809 University Blvd. E. Tuscaloosa 35401
Phone	(205) 759-7111
Hours	
Type of Services	Medical Services

Name of Agency	DCH Emergency Department
Website	https://www.dchsystem.com/
Address	809 University Blvd. E. Tuscaloosa 35401
Phone	(205) 759-7111
Hours	
Type of Services	Medical Services

Name of Agency	DCH Speech and Hearing Clinic
Website	
Address	600 Paul W. Bryant Drive E. Tuscaloosa 35401
Phone	(205) 759-7860
Hours	
Type of Services	Screening, evaluation, hearing aid fitting

Name of Agency	Eagle's Wings of Tuscaloosa
Website	www.eagleswingsoftuscaloosa.org
Address	12379 Eagles Wings Drive Coker, AL 35452
Phone	(205) 345-5484
Hours	Monday-Friday 8:00-5:00
Type of Services	Provides day rehabilitation services for adults with mild, moderate, and severe intellectual and physical disabilities, including those who are medically fragile.

Name of Agency	Early Intervention Services/ Community Service Programs of West Alabama
Website	https://www.cspwal.com/departments/Early-Intervention.html
Address	601 Black Bears Way Tuscaloosa 35401
Phone	(205) 752-5429
Hours	
Type of Services	Infants and toddlers birth to 3 years if they are delayed by 25% or more in cognitive, physical, social, emotional, or adaptive development, or if they have a diagnosis of a physical and/or medical condition. Assistive technology, audiology, parent training, counseling, medical services, etc.

Name of Agency	Easter Seals Rehabilitation Services of West Alabama
Website	http://www.eswaweb.org/
Address	1400 James I Harrison Jr. Pkwy Tuscaloosa 35405
Phone	(205) 759-1211
Hours	
Type of Services	Vocational, social security representative payee, outpatient for individuals with a disability. Transportation and assistance to work, open to the public but must be referred by ADRS. There is a waiting list for transportation, but no charge. Also provides payee services, workforce development, parenting programs, and programs for new moms.

Name of Agency	Five Horizons Health Services (Formerly known as West Alabama AIDS Outreach)
Website	https://www.fivehorizons.org/
Address	2720 6 th St. Suite 100 Tuscaloosa 35401
Phone	(205) 759-8470
Hours	
Type of Services	Medical care for patients with HIV/AIDS, prevention and testing, support services, research, and advocacy

Name of Agency	Good Samaritan Clinic
Website	https://gscclinic.org/
Address	3880 Watermelon Road Northport 35473
Phone	(205) 343-2212
Hours	
Type of Services	19 years old and above health care and dental services for adults that do not have insurance, call for an appointment

Name of Agency	Hospice of West Alabama
Website	https://hospiceofwestal.com/
Address	3851 Loop Road Tuscaloosa 35401
Phone	(205) 523-0101
Hours	
Type of Services	Provides hospice care under Medicare, Medicaid, and Blue Cross Blue Shield, support groups, individualized counseling free for patient/family

Name of Agency	James O. Ellis Health Center
Website	
Address	3532 Greensboro Ave Tuscaloosa 35401
Phone	(205) 752-1087
Hours	
Type of Services	Homeless and low income medical and dental services

Name of Agency	Kid One Transport
Website	https://www.kidone.org
Address	
Phone	1 (800) 543-7143 or (205) 978-1000
Hours	
Type of Services	Provides transportation to health care services within Alabama. Must apply online or by phone. Child must be under 19 years of age, or an expectant mother without transportation. Must have Medicaid.

Name of Agency	Individual and Family Support Programs
Website	
Address	15273 Wood Bend Road Northport, AL 35442
Phone	(205) 339-1250
Hours	
Type of Services	Information and referrals, advocacy, vehicle/home modifications, equipment, medical/dental care, therapeutic/nursing, respite, vocational/employment, transportation, financial assistance, parent education/training, day care, homemaker services, recreation, service coordination, communication services.

Name of Agency	Maude Whatley Health Services
Website	https://www.whatleyhealth.org/
Address	2731 Martin Luther King Jr. Blvd Tuscaloosa 35401
Phone	(205) 758-6647
Hours	Monday-Friday 8:00-5:00
Type of Services	Health care for Medicaid recipients, HIV/AIDS primary care, women's health care, transportation, pharmacy, prescription assistance, prenatal, mental health, chiropractic, and health promotion disease prevention. Call to make an appointment, they will take walk ins beginning at 8:00am until 11:00 and 1:00-3:00 Monday through Friday. Uninsured must bring proof of income and payment will be \$20.00. Clients may be eligible for a sliding scale fee. Insured must bring insurance card.

Name of Agency	Medicaid District Office
Website	https://medicaid.alabama.gov/
Address	907 22 nd Ave Tuscaloosa 35401
Phone	(205) 391-6760
Hours	
Type of Services	Medicaid Services

Name of Agency	McDonald Hughes Community Center
Website	http://www.tcpara.org/parks/view/mcdonald-hughes-community-center
Address	3101 Martin Luther King Jr. Blvd. Tuscaloosa
Phone	(205) 562-3215
Hours	8:00-8:00 Monday-Friday, 9:00-3:00 Saturday
Type of Services	Free volunteer health program providing health assessments, monitoring and evaluation. Call for more information. Also provides fitness classes, nutrition/health education programs, financial literacy, job skills, and other educational services.

Name of Agency	Northport DCH Medical Center/ER/Women's Pavilion
Website	
Address	2700 Hospital Drive Northport 35476
Phone	(205) 333-4500
Hours	
Type of Services	Medical services

Name of Agency	Rural Infant Stimulation Program – RISE Center
Website	https://riseschool.ua.edu/
Address	600 Johnny Stallings Drive Tuscaloosa 35404
Phone	(205) 348-7931
Hours	
Type of Services	Infants and children with disabilities receive education and therapy

Name of Agency	Sarrell Dental and Eye Center
Website	http://www.sarrelldental.org/
Address	1911 Skyland Blvd E Suite A3 Tuscaloosa 35405
Phone	(205) 469-0444
Hours	
Type of Services	Dental and vision services for children with Medicaid

Name of Agency	Sickle Cell Disease Associates
Website	
Address	3011 5 th Street Northport 35476
Phone	(205) 758-1761
Hours	
Type of Services	Information, education, and research

Name of Agency	Sight Savers of America
Website	https://sightsaversamerica.org/
Address	Birmingham
Phone	Toll free 877-942-2627
Hours	
Type of Services	Free vision screening, case management on setting up appointments in the local area, free glasses and repairs, etc.

Name of Agency	Speech and Hearing Clinic – The University of Alabama
Website	https://cd.ua.edu/speech-and-hearing-center/
Address	700 University Blvd. Tuscaloosa
Phone	(205) 348-7131
Hours	
Type of Services	Evaluation and therapy

Name of Agency	State of Alabama Medicaid
Website	www.medicaid.alabama.gov
Address	
Phone	(334) 242-5000, 1 (800) 362-1504
Hours	
Type of Services	Medical program for low income pregnant women, children, and those with disabilities. Apply online or in office.

Name of Agency	Tuscaloosa County Health Department
Website	https://www.alabamapublichealth.gov/tuscaloosa/
Address	2350 Hargrove Road E Tuscaloosa 35405
Phone	(205) 562-6900
Hours	Monday-Friday 8:00-4:30
Type of Services	Women, Infant, and Children (WIC) services, Immunizations, ALLKids/Medicaid office, Women's Health, Family Planning, STD Clinic, Vital Records, Dentistry. Services provided on a fee scale, client must bring proof of income.

Name of Agency	United Cerebral Palsy of West Alabama
Website	https://ucpwa.org/
Address	1100 UCP Pkwy Northport 35476
Phone	(205) 345-3031
Hours	
Type of Services	Children's services, adult's services, education, assistive technology, and family support

Name of Agency	University Medical Center
Website	https://umc.ua.edu/
Address	850 Peter Bryce Blvd. Tuscaloosa 35401
Phone	(205) 348-1770
Hours	Monday-Friday 8:15-5:00
Type of Services	Provides family medical services, psychiatric, pediatrics, women's health, occupational health. Accepts Medicaid and Medicare.

Name of Agency	UA Autism Spectrum Disorders Clinic
Website	https://www.autism-clinic.ua.edu/
Address	
Phone	(205) 348-3130
Hours	
Type of Services	Specializes in Autism and Asperger's, services for parents and children. Accepts Medicaid and Blue Cross Blue Shield.

Name of Agency	UA Speech and Hearing Clinic
Website	https://cd.ua.edu/speech-and-hearing-center/
Address	700 University Blvd E. Tuscaloosa
Phone	(205) 348-7131
Hours	Monday-Friday 8:00-4:30
Type of Services	Provides healthcare to those with hearing, speech, and language problems. Prices change depending on services and test. Dispenses hearing aids. Requires a referral (especially for Medicaid patients), serves adults and children. Group and individual services.

Name of Agency	United Cerebral Palsy of West Alabama
Website	https://ucpwa.org/
Address	1100 UCP Pkwy Northport 35476
Phone	(205) 345-3031
Hours	Monday-Friday 8:30-5:00
Type of Services	Physical and mental health care needs and advocacy, serves adults and children with disabilities and their families. Call for an appointment and more information.

Name of Agency	Veterans Administration (VA) Medical Center
Website	https://www.tuscaloosa.va.gov/
Address	3701 Loop Road Tuscaloosa 35404
Phone	(205) 554-2000
Hours	
Type of Services	Primary care, long term care, mental health care, drug/alcohol abuse support.

Name of Agency	West Alabama Cares
Website	https://www.westalabamaaging.org/caregiver-assistance
Address	4200 Hwy 69 N. Northport
Phone	(205) 333-2990
Hours	Monday-Friday 8:00-4:30
Type of Services	\$1000 assistance a year for caregivers of older adults (60+), senior caregivers (60+) of children age 18 or younger, or caregivers of adults with Alzheimer's disease or other types of dementia, money can assist caregiver with respite care, diapers, Ensure/Boost, etc. Income will be assessed, SSI not eligible.

Name of Agency	West Alabama Regional Commission
Website	https://www.warc.info/
Address	4200 Hwy 69 N Suite 1 Northport
Phone	(205) 333-2990
Hours	Monday-Friday 8:00-4:30
Type of Services	Oversees many community programs and services, development, elderly services. Area Agency on Aging is part of WARC call for more information.

SECTION 1

MEDICAL AND REHABILITATION: WOMEN'S HEALTH SERVICES

Name of Agency	Choices Pregnancy Clinic
Website	https://choicespregnancyclinic.org/
Address	535 Jack Warner Pkwy NE Suite G1 Tuscaloosa 35404
Phone	(205) 759-5433
Hours	
Type of Services	Free pregnancy testing, provide counseling/education for abortion

Name of Agency	Maude Whatley Health Services
Website	https://www.whatleyhealth.org/
Address	2371 MLK Jr. Blvd Tuscaloosa
Phone	(205) 758-6647
Hours	Monday-Friday 8:00-5:00
Type of Services	Gynecological services, family planning, annual physicals and breast exams. \$20.00 minimum fee for uninsured clients (due and payable at each clinic visit), remaining fee based on a sliding scale for qualified clients.

Name of Agency	Pregnancy Test Center (Sav-A-Life)
Website	http://savalifetuscaloosa.org/
Address	225 University Blvd. East Tuscaloosa Suite 103
Phone	(205) 759-5433
Hours	Monday-Wednesday 9:00-4:00, Thursday 9:00-12:00
Type of Services	Free pregnancy testing, provide adoption information/referrals. All testing and referral services provided free of charge.

Name of Agency	Stork's Nest (through Friendship Baptist Church)
Website	www.friendshiptuscaloosa.org
Address	3146 8 th Street Tuscaloosa AL 35401
Phone	(205) 759-5044
Hours	
Type of Services	Program for expectant mothers. Offers support and resources. Mothers get points for attending activities, classes, and doctor's appointment and can cash the points for baby items. Client can call church to get enrolled in the program.

Name of Agency	Tuscaloosa County Health Department
Website	https://www.alabamapublichealth.gov/tuscaloosa/
Address	2350 Hargrove Road E. Tuscaloosa 35405
Phone	(205) 562-6900
Hours	Monday-Friday 8:00-5:00
Type of Services	ED/Waiver/EDPT program/dental/birth control/Medicaid/WIC/STD/Women's Health Services/Family Planning. No referral needed but must have an appointment. Medicaid and Plan First provider.

Name of Agency	West Alabama Women's Center
Website	www.wa-wc.com
Address	535 Jack Warner Pkwy NE Suite 1 Tuscaloosa
Phone	(205) 556-2026
Hours	Monday-Friday 8:00-5:00 and Saturday 8:00-12:00
Type of Services	Affordable women's annual exam (must have insurance), infection screening and treatment, birth control provision and education, emergency contraception, abortion services. Minor must have parent present. Call about specific fees and to schedule an appointment.

SECTION 1

MEDICAL AND REHABILITATION: DENTAL SERVICES

Name of Agency	Maude Whatley Health Services
Website	https://www.whatleyhealth.org/
Address	2731 MLK Blvd. Tuscaloosa
Phone	(205) 758-6647
Hours	Monday-Friday 8:00-4:00
Type of Services	All general dental procedures, if not, they will refer out. Sliding scale based on income. Must pay for services day of care, must bring proof of income, and ID. Typically, the first appointment is between \$30.00-\$50.00. Serves both adults and children.

Name of Agency	Temporary Emergency Services
Website	https://temporaryemergencyservices.org/
Address	1705 15 th Street Tuscaloosa
Phone	(205) 758-5535
Hours	Monday-Friday 8:30-4:30
Type of Services	Only valid for \$25.00 for tooth extractions once per 3 months. Client must provide appointment card from dentist or clinic. TES will make check out to the dentist. Adult only.

Name of Agency	Sarrell Dental
Website	http://www.sarrelldental.org/
Address	1911 Skyland Blvd E. Suite A-3 Tuscaloosa
Phone	(205) 469-0444
Hours	Monday-Friday 8:00-5:00
Type of Services	Appointment is required for services. 1-20 year-olds. Client Must have Medicaid. Also provides community education.

Name of Agency	Tuscaloosa County Health Department
Website	https://www.alabamapublichealth.gov/tuscaloosa/
Address	5260 Hargrove Road E. Tuscaloosa
Phone	(205) 562-6900
Hours	Monday-Friday 8:00-5:00
Type of Services	Children's dental services. Children with Medicaid ONLY. Appointment is required.

SECTION 1

MEDICAL AND REHABILITATION: PRESCRIPTION ASSISTANCE

Name of Agency	Good Samaritan Health Clinic
Website	https://www.tuscaloosacba.com/goodsamaritanclinic
Address	3880 Watermelon Road Northport
Phone	(205) 343-2212
Hours	Wednesday 9:30-12:00 and Thursday 9:30-5:00
Type of Services	Prescription Assistance. Must call for an appointment to find out about assessment/screening. Must bring ID and income verification. They will only take the first 15 clients. WILL NOT HELP if client has insurance even if the insurance DOES NOT cover the medication.

Name of Agency	Maude Whatley Health Center
Website	https://www.whatleyhealth.org/
Address	2731 MLK Blvd. Tuscaloosa
Phone	(205) 758-6647
Hours	Monday-Friday 8:00-5:00
Type of Services	Prescription assistance. Minimum payment of \$20.00 required or Medicaid insurance. Call for information about eligibility and cost.

Name of Agency	Publix Supermarket
Website	http://www.publix.com/
Address	Any Publix store
Phone	
Hours	
Type of Services	Offers some free antibiotics, check with local stores

Name of Agency	Senior Rx Program (part of Area Agency on Aging)
Website	https://www.westalabamaaging.org/seniorx
Address	4200 Hwy 69 N Ste. 1, Northport 35473
Phone	(205) 333-2990
Hours	Monday-Friday 8 am-4:30 pm
Type of Services	Medication assistance for adults 55+ or with proven disability. No prescription drug coverage or are in waiting period for Medicare coverage. Free prescriptions for eligible clients. Must call for more information.

Name of Agency	Temporary Emergency Services
Website	https://temporaryemergencyservices.org/
Address	1705 15 th Street Tuscaloosa
Phone	(205) 758-5535
Hours	
Type of Services	: Prescription services (NO narcotics). Bring picture ID and medication bottles or prescription.

Name of Agency	Tuscaloosa County Health Department
Website	https://www.alabamapublichealth.gov/tuscaloosa/
Address	5260 Hargrove Road E. Tuscaloosa
Phone	(205) 562-6900
Hours	Monday-Friday 7:30-5:00
Type of Services	Can make referrals for prescription assistance. Call and ask for on-call social worker.

SECTION 2

HOUSING, FOOD, CLOTHING & UTILITY ASSISTANCE

Name of Agency	American Red Cross
Website	https://www.redcross.org/local/alabama/about-us/locations/west-alabama.html
Address	325 Skyland Blvd. E. Tuscaloosa 35405
Phone	(205) 758-3608
Hours	Monday-Friday 8 am – 5 pm
Type of Services	Disaster preparedness, disaster relief, blood donation, and first aid

Name of Agency	Canterbury Episcopal Church
Website	https://canterburychapel.dioala.org/
Address	812 5 th Ave Tuscaloosa
Phone	(205) 345-9590
Hours	
Type of Services	Food assistance

Name of Agency	Capstone Church
Website	https://www.capstonechurch.org/
Address	309 19 th Ave Tuscaloosa 35401
Phone	(205) 462-3958
Hours	
Type of Services	Food assistance

Name of Agency	Catholic Social Services
Website	https://www.csstuscaloosa.org/
Address	608 James I Harrison Jr. Pkwy Tuscaloosa 35401
Phone	(205) 759-1268
Hours	
Type of Services	Emergency food and financial assistance, clothing, baby items, some furniture

Name of Agency	Christian Ministry Center
Website	https://www.tuscaloosacba.com/cmc
Address	3880 Watermelon Road Suite B Northport 35473
Phone	(205) 752-8399
Hours	
Type of Services	Medical/dental assistance, food, and literacy

Name of Agency	Community Service Program of West Alabama
Website	https://www.cspwal.com/menus/home.html
Address	601 Black Bear Pkwy Tuscaloosa 35401
Phone	(205) 752-5429
Hours	
Type of Services	Low income home energy program, meals and wheels, housing assistance, Head Start, Early Intervention Services, etc.

Name of Agency	Community Soup Bowl
Website	http://tuscaloosasoupbowl.com/
Address	1711 23 rd Ave Tuscaloosa 35401
Phone	(205) 752-2421
Hours	Office Hours: Monday-Friday 8:30 am – 1:30 pm
Type of Services	Daily lunch meal

Name of Agency	Department of Human Resources (DHR)
Website	http://dhr.alabama.gov/counties/county_results.aspx?id=Tuscaloosa
Address	3716 12 th Ave E Tuscaloosa
Phone	(205) 562-6100
Hours	Monday-Friday 8 am – 4:30 pm
Type of Services	Food stamps, Childcare payment assistance, Child Support, Temporary Assistance for Needy Families (TANF), and Job assistance

Name of Agency	Easter Seals of West Alabama
Website	http://www.eswaweb.org/
Address	1400 James I Harrison Jr. Pkwy Tuscaloosa 35405
Phone	(205) 759-1211
Hours	
Type of Services	Social security representative payee, assistance with financial needs for individuals with a disability

Name of Agency	First United Methodist Church
Website	https://fumct.org/
Address	800 Greensboro Ave Tuscaloosa
Phone	(205) 345-7261
Hours	
Type of Services	Food assistance

Name of Agency	Forest Lake Baptist
Website	http://www.flbc.us/
Address	107 18 th Street Tuscaloosa 35401
Phone	(205) 759-1569
Hours	
Type of Services	Food assistance

Name of Agency	Forest Lake United Methodist Church/Angel Food Ministry
Website	https://forestlakeumc.org/
Address	1711 4 th Ave Tuscaloosa 35401
Phone	(205) 758-6667
Hours	
Type of Services	Financial assistance, food (will need a referral)

Name of Agency	Hargrove Memorial United Methodist Church
Website	https://www.hargrovememumc.org/
Address	1812 Hargrove Road E Tuscaloosa 35405
Phone	(205) 553-7271
Hours	
Type of Services	Food assistance (will need a referral)

Name of Agency	Love, Inc.
Website	http://www.loveinctuscaloosa.com/
Address	3101 Main Ave. Northport
Phone	(205) 614-2849
Hours	
Type of Services	Thrift store for families in need, financial assistance, housing needs, etc.

Name of Agency	King's Home
Website	https://www.kingshome.com/
Address	221 Kings Home Drive Chelsea, AL 35043
Phone	(205) 678-8331
Hours	
Type of Services	Housing assistance for homeless women and children, clothing, and household needs

Name of Agency	Salvation Army
Website	http://salvationarmyalma.org/tuscaloosa/?fbclid=IwAR2sjBt2IPQcG-tlvTGFF_10cKIDoZp9N-1S3SLudQo1M9XO7bFLL3CfKg0
Address	1035 29 th St Tuscaloosa 35401
Phone	(205) 632-3691
Hours	
Type of Services	Homeless shelter, disaster relief, adult rehabilitation

Name of Agency	Temporary Emergency Services
Website	https://temporaryemergencyservices.org/
Address	1705 15 th Street Tuscaloosa 35401
Phone	(205) 758-5535
Hours	
Type of Services	Utility assistance, thrift store vouchers, food, medical payment assistance, clothing, furniture, etc. (will need a referral)

Name of Agency	Tuscaloosa's One Place
Website	https://www.tuscaloosaoneplace.org/
Address	810 27 th Ave Tuscaloosa 35401
Phone	(205) 462-1000
Hours	
Type of Services	Assistance locating services in the community that assist with various needs

Name of Agency	United Way of West Alabama
Website	https://uwwa.org/
Address	2720 6 th St Suite 100 Tuscaloosa 35401
Phone	(205) 345-6640
Hours	
Type of Services	Referrals and services vary

Name of Agency	University Church of Christ
Website	http://www.universitycofc.org/
Address	1200 Julia Tutwiler Drive Tuscaloosa
Phone	(205) 553-3001
Hours	
Type of Services	Food assistance

Name of Agency	West Alabama Food Bank
Website	https://westalabamafoodbank.org/
Address	3160 McFarland Blvd Northport 35476
Phone	(205) 333-5353
Hours	Monday-Thursday 8 am – 4 pm; Friday 8 am – 3 pm
Type of Services	Food assistance

Name of Agency	Wings of Grace Relief Center
Website	http://www.flbc.us/wings-of-grace
Address	3101 Alabama Ave NE Tuscaloosa 35404
Phone	(205) 759-1039
Hours	Thursday 8:30 am – 2:30 pm
Type of Services	Food and clothing assistance

SECTION 2: HOUSING, FOOD, CLOTHING AND UTILITIES ASSISTANCE

LOW INCOME HOUSING RESOURCES

LOW INCOME HOUSING	<u>Tuscaloosa Housing Authority</u> 2117 Jack Warner Pkwy Tuscaloosa 35401 (205) 758-4997 Resident Services: (205) 758-6619 ext. 116
<u>Hay Court Apts.</u> 4420 21 st Street Tuscaloosa 35401 (205) 758-7514	<u>Crescent East Apts.</u> 5041 1 st Street East Tuscaloosa 35405 (205) 556-1074
<u>Branscomb Apts.</u> 570 60 th Street Tuscaloosa 35405 (205) 758-1829	<u>Rosedale Apts.</u> 1021 Robert Glen Drive Tuscaloosa 35401 (205) 759-9700
<u>Jackson Apts.</u> 4101 21 st Street Tuscaloosa 35401 Leasing (256)560-0821 Office (205) 632-5091	<u>Rosedale III (Elderly Only)</u> 3008 10 th Ave Tuscaloosa 35401 (205) 710-2171

<u>Jackson II (Under Construction)</u> 26 th Ave East Tuscaloosa	<u>McKenzie Court</u> 2525 Lanier Ave Tuscaloosa 35401 (205) 758-0479
<u>Northport Housing Authority</u> 3500 West Circle #39 Northport 35476 (205) 752-8171	<u>McKenzie Annex (Senior Living)</u> 4420 21 st Street Tuscaloosa 35401 (205) 758-7514

Section 8 or Low Income Housing (Not Accepting Applications at this time – October 2018)	<u>Bent Tree Apts.</u> 900 Hargrove Rd. Tuscaloosa 35401 (205) 391-6070
<u>Bonita Terrace Apartments</u> 1300 Hargrove Road #31B Tuscaloosa 35401 (205) 758-5870	<u>Broadmore Gardens Apts.</u> 235 James I. Harrison Jr. Pkwy. Tuscaloosa, AL 35405 (205) 752-1501
<u>Chastain Manor (55 & Older)</u> 381 34 th Ave. E. Tuscaloosa 35404 (205) 409-8622	<u>Chestnut Trace Apts.</u> 9801 Old Greensboro Rd. Tuscaloosa 35405 (205) 722-9200
<u>Copper Creek Apts.</u> 3504 12 th Ave. E. Tuscaloosa 35405 (205) 349-6514	<u>Creekwood Village</u> 1750 40 th Ave. Tuscaloosa 35401 (205) 752-0657
<u>CSP Village Apts. (Elderly Only)</u> 2700 McFarland Blvd. E. Tuscaloosa 35405 (205) 391-4936	<u>Eastwood Manor Apts.</u> 1440 22 nd Ave. Tuscaloosa 35404 (205) 391-6000
<u>Fieldcrest Apts.</u> 1000 Fieldcrest Drive #69 Tuscaloosa 35406 (205) 752-3044	<u>Forrester Gardens</u> 1350 James I Harrison Jr. Pkwy Tuscaloosa 35405 (205) 553-4410
<u>French Quarter Apts. (Office: Apt. 418)</u> 1805 8 th Ave. Tuscaloosa 35401 (205) 750-2135	<u>Grandview Apts.</u> 1700 Snows Mill Ave. Northport 35476 (205) 752-3331
<u>Hallmark Homes</u> 815 Garden Pkwy. Tuscaloosa 35405 (205) 750-2488	<u>Hampton Point Apartments</u> 1900 Snows Mill Ave. Northport 35476 (205) 758-7774

<u>Heights at Skyland</u> 4527 18 th Ave. E. Tuscaloosa 35405 (205) 556-4700	<u>High Country Apts.</u> 4801 Cypress Creek Ave. Tuscaloosa 35405 (205) 391-6085
<u>Inverness Apts.</u> 8816 Old Greensboro Rd. Tuscaloosa 35405 (205) 366-3637	<u>McConnell Hills</u> 4620 18 th Ave East Tuscaloosa 35405 (205) 553-1223
<u>McDaniel Arms</u> 1791 Harper Road #31 Northport 35476 (205) 333-0224	<u>Oak Trace Apts.</u> 5775 McFarland Blvd. E. Tuscaloosa 35405 (205) 758-0544
<u>Pine Cone Apts. (55& older)</u> 2101 44 th Street E. Tuscaloosa, 35405 (205) 562-1992	<u>Providence Place Apts.</u> 3508 38 th St. Northport 35473 (205) 333-7888
<u>Presbyterian Apts. (Elderly Only)</u> 3845 Highway 69 North Northport 35473 (205) 339-5180	<u>Regal Pointe Apts.</u> 5001 Cypress Creek Ave. Tuscaloosa 35405 (205) 391-6055
<u>Royal Hills Apts.</u> 500 Snows Mill Ave. Northport 35476 (205) 349-5440	<u>Running Brook</u> 4413 Cypress Creek Ave E Tuscaloosa 35405 (205) 556-8070
<u>Saddlewood Apts.</u> 2400 Deerfield Drive Northport 35473 (205) 339-0660	<u>Sun Valley Apt. Homes</u> 5140 36 th Ave. E. Tuscaloosa 35405 (205) 556-1980
<u>Tree Top Apts.</u> 5100 36 th Ave. E. Tuscaloosa 35405 (205) 308-0029	<u>Willow Wyck Apts.</u> 632 23 rd St. E. Tuscaloosa 35401 (205) 391-9690
<u>Winding Creek Apartments</u> 6802 Old Greensboro Rd. Tuscaloosa 35405 (205) 366-9500	Section 8 or Low Income Housing (Not Accepting Applications at this time – October 2018)

SECTION 2: HOUSING, FOOD, CLOTHING AND UTILITIES ASSISTANCE

OTHER HOUSING RESOURCES/HOMELESS SHELTERS

Name of Agency	The Salvation Army (Office)
Website	http://salvationarmyalm.org/tuscaloosa/
Address	1601 University Blvd. E., Tuscaloosa 35404
Phone	(205) 553-1601 or (205) 561-6463
Hours	Monday-Friday, 8-3
Type of Services	Rent assistance (when available); If client is homeless and has children currently enrolled in school, they may be able to help apply for homeless grant; client must make appt.

Name of Agency	The Salvation Army (Shelter)
Website	http://salvationarmyalm.org/tuscaloosa/center-hope/
Address	1035 29 th St., Tuscaloosa 35401
Phone	(205) 632-3691
Hours	Monday-Friday, 8-3
Type of Services	Provides temporary shelter and meals; first come, first-served basis

Name of Agency	Turning Point (Women and Children Only)
Website	https://www.turningpointservices.org/
Address	Safe house is in an undisclosed location to protect the residents
Phone	(205) 758-0808
Hours	Phone answered 24 hours each day, collect calls accepted
Type of Services	Shelter for victims of domestic violence and sexual assault in imminent danger

Name of Agency	Jesus Way Homeless Shelter
Website	
Address	2681 24 th Street, Tuscaloosa 35401
Phone	(205) 759-9771
Hours	Monday/Wednesday/Friday
Type of Services	Shelter for men, women and families

Name of Agency	DENT Transitional Program
Website	http://tracydentfoundation.pledgepage.org/
Address	15769 Thomas Chapel Rd., Cottondale 35453
Phone	(205) 633-4100
Hours	
Type of Services	Males Only – Ages 19-30 – Must be homeless; Cannot accept those with mental or physical impairments

Name of Agency	Hannah Home
Website	https://www.kingshome.com/women
Address	Undisclosed
Phone	(205) 553-0045
Hours	11:30-5
Type of Services	Phone interview needed; call in best hours; often a waiting list; no boys over 11; must go to work, school or volunteer; no charge to stay but must follow rules

Name of Agency	Jean Browning Maternity Home
Website	
Address	Fosters, AL
Phone	(205) 394-1634
Hours	24/7
Type of Services	Must be expectant mother without a home and lacking parental support; ages 19-22

Name of Agency	Valor Grove (Through VA) Homeless Housing
Website	
Address	3701 Loop Rd. E., Tuscaloosa 35404
Phone	(205) 554-2000
Hours	Monday-Friday, 8-4
Type of Services	Assistance with housing for homeless veterans

Name of Agency	Priority Veteran
Website	https://www.priorityveteran.org/contact-us/
Address	2121 9 th St., Ste. B, Tuscaloosa 35401
Phone	(205) 737-8522, (866) 460-3827
Hours	Monday-Friday 8 am – 4:30 pm
Type of Services	Case Management for homeless veterans and their families

Name of Agency	United Methodist Children's Home
Website	https://www.umch.net/
Address	3337 McGee Road, Cottondale 35453
Phone	(205) 556-1512
Hours	
Type of Services	Ages 12-19 group home. Can stay until age 21.

SECTION 2: HOUSING, FOOD, CLOTHING AND UTILITIES ASSISTANCE

HOUSING ASSISTANCE

Name of Agency	Tuscaloosa Salvation Army Rapid Re-Housing
Website	
Address	1035 29 th St., Tuscaloosa 35401
Phone	(205) 632-3688 ext. 104
Hours	Monday-Friday, 8-3
Type of Services	Assistance with locating housing for clients who are homeless or residing in places deemed inhabitable

Name of Agency	Housing Counseling Program
Website	
Address	2122 6 th St., Tuscaloosa 35401
Phone	(205) 248-5095
Hours	Call Dora Drake during regular business hours
Type of Services	The City of Tuscaloosa provides one-time down payment assistance in the amount of \$5000 for qualified households to assist in buying a home. Assist with pre-purchase counseling, consumer education, and money management.

Name of Agency	Tuscaloosa Homeless Management
Website	https://www.tuscaloosa.com/live-play/housing/hmis
Address	2201 University Blvd., Tuscaloosa 35401
Phone	(205) 248-5311
Hours	Monday-Friday, 8-5
Type of Services	Information and resources for homeless clients

Name of Agency	Habitat Tuscaloosa
Website	https://www.habitattuscaloosa.org/
Address	1120 35 th St., Tuscaloosa 35401
Phone	(205) 349-4620
Hours	Monday-Friday, 8-5
Type of Services	Helps construct or repair housing for qualifying low-income families

Name of Agency	Catholic Social Services
Website	https://www.csstuscaloosa.org/
Address	608 James I. Harrison Jr Pkwy, Tuscaloosa 35405
Phone	(205) 759-1268
Hours	Monday-Wednesday, phone interviews between 9:30-10:30; applications available in office 1:30-3:00
Type of Services	Rent assistance if funds are available; Clients will need bill, income verification for entire household of working members, social security numbers of family members

Name of Agency	Community Service Programs
Website	https://www.cspwal.com/
Address	601 Black Bears Way, Tuscaloosa 35401
Phone	(205) 752-5429
Hours	Monday-Thursday, 8-5; Friday, 8-12
Type of Services	Typically do not provide rent assistance but do have various housing programs; offer housing counseling, homebuyer education, and housing rehabilitation program

SECTION 2: HOUSING, FOOD, CLOTHING AND UTILITIES ASSISTANCE

FOOD, CLOTHING & UTILITIES ASSISTANCE

Name of Agency	American Lunch
Website	
Address	
Phone	(205) 345-6089
Hours	Monday-Friday lunch served 11-1
Type of Services	Food truck that provides free lunch

Name of Agency	American Thrift Store
Website	
Address	1735 Skyland Blvd. E. Tuscaloosa 35401
Phone	(205) 507-4700
Hours	Monday-Saturday 7:30am- 9:30pm
Type of Services	Furniture, household items, clothing. ***Only takes referrals from Hannah Home and Red Cross

Name of Agency	Baptist Association's Christian Ministries Center
Website	http://www.pleasantgrovebaptistassociation.org/page3.html
Address	16995 Walden Pond Road Brookwood, AL 35444
Phone	(205) 554-7706
Hours	Monday and Thursdays 9:30 am -12 pm
Type of Services	Food, clothing, school supplies when available and some household items. Every 90 days, will take ages 60+. Can get food and clothing at same time. Client must bring ID, SS for household members, proof of income

Name of Agency	Catholic Social Services
Website	https://www.csstuscaloosa.org/
Address	608 James I Harrison Jr. PKWY Tuscaloosa 35401
Phone	(205) 759-1268
Hours	Tuesdays/Wednesdays/Thursdays 9:30-11:30 with an appointment. Call prior to schedule an appointment.
Type of Services	Food, household items, financial assistance, sometimes clothing assistance. Can receive assistance every 3 months. Client must submit an application with Catholic Social Services

Name of Agency	Canterbury Episcopal Chapel
Website	https://canterburychapel.dioala.org/
Address	812 5 th Avenue
Phone	(205) 345-9590
Hours	Tuesdays 7:30 am
Type of Services	Assistance is provided every 4 weeks. Boxes of food, amount depends on size of family.

Name of Agency	Central Church of Christ
Website	http://centralchofchrist.com/index.html
Address	304 Hargrove Road Tuscaloosa
Phone	(205) 758-1177 (Barbara Martin is the contact)
Hours	Open during church office hours
Type of Services	Bag of food. Must have a referral from an agency

Name of Agency	Christ Episcopal Church (Lazarus Ministries)
Website	https://www.christchurch1828.org/
Address	605 Lurleen Wallace Blvd Tuscaloosa
Phone	(205) 758-4252
Hours	Monday 2:00-3:00pm arrive early
Type of Services	Utility assistance, client must present utility bill (in client's name) and photo ID. Limited funds, first 15 clients are typically served, will assist \$35.00 every 6 months

Name of Agency	Christian Community Church
Website	http://ccctuscaloosa.org/contact/
Address	5600 18 th Ave
Phone	(205) 345-6990
Hours	Wednesdays
Type of Services	Food assistance. Clients must call to inform them of what they need.

Name of Agency	Christian Ministries
Website	
Address	3880 Watermelon Road Northport
Phone	(205) 752-8399
Hours	Monday/Wednesday/Thursday 9-10:00 am
Type of Services	Boxes of food, clothing. Stops serving after 20 clients are served daily. Helps every 3 months. 2 outfits per family member, need ID and SS card, can get food and clothing at the same time

Name of Agency	Community Service Programs
Website	https://www.cspwal.com/
Address	601 Black Bears Way Tuscaloosa
Phone	(205) 752-5429
Hours	Monday-Thursday 8-5, Friday 8-12
Type of Services	Food referrals, separate pastry distribution on Wednesdays 9 am; Can get assistance 1x weekly, utility assistance. For utility assistance the client will need to bring the bill, income verification for household/working members, SS number for entire household. Clients should come early for food assistance and call for an appointment for utility assistance. No referral required

Name of Agency	Community Soup Bowl
Website	http://tuscaloosasoupbowl.com/
Address	First Presbyterian 1711 23 rd Ave Tuscaloosa
Phone	(205) 752-2421
Hours	7 days a week 11-12:50
Type of Services	Lunch (a hot/cooked meal)

Name of Agency	East Tuscaloosa Soup Bowl
Website	
Address	Temporarily in Hargrove Memorial UMC 1812 Hargrove Road E.
Phone	(205) 553-4588
Hours	Wednesday/Friday 12 pm (hot lunch), Sunday 2pm (sack lunch)
Type of Services	Hot and sack lunches

Name of Agency	Focus on Senior Citizens
Website	http://www.focusonseniorcitizens.org/
Address	1920 6 th Street Tuscaloosa
Phone	(205) 758-3393
Hours	Call about availability
Type of Services	Utility assistance for clients 50 and older

Name of Agency	Forest Lake United Methodist Church
Website	https://forestlakeumc.org/
Address	1711 4 th Avenue Tuscaloosa
Phone	(205) 758-6667
Hours	Clients must call before coming to ensure availability of assistance
Type of Services	Food and financial assistance (not for utilities)

Name of Agency	Grace Church
Website	https://www.gracechurchtuscaloosa.com
Address	2112 Hargrove Road East (by Health Department)
Phone	(205) 462-1144
Hours	2 nd and 4 th Thursdays of each month 9:30-11
Type of Services	1 box of food per family depending on size of family, perishable and non-perishable items. Client may come once every 6 months

Name of Agency	Hargrove Memorial United Methodist Church
Website	https://www.hargrovememumc.org/
Address	1812 Hargrove Road East (corner of Hargrove and Loop Road)
Phone	(205) 553-7271
Hours	3 rd Saturday of the month at 8 am or hot lunch Wednesday & Friday 12-1 pm
Type of Services	Food pantry (need to arrive early due to limited number of food bags)

Name of Agency	Health Department (WIC)
Website	https://www.alabamapublichealth.gov/tuscaloosa/
Address	5260 Hargrove Road East Tuscaloosa
Phone	(205) 562-6900
Hours	Monday-Friday 8:00-5:00
Type of Services	Food Vouchers/Milk/Formula for pregnant women and children under the age of 5

Name of Agency	Love, Inc.
Website	http://www.loveintuscaloosa.com/
Address	3101 Main Ave Northport 35476
Phone	(205) 614-2849
Hours	Monday-Thursday 9:00-12:00 accepts calls, office hours 9:00-4:00
Type of Services	Food, may help with other needs. Clients need to call the office to do an intake over the phone, it can take 7-10 days to process

Name of Agency	Project Share (TES)
Website	https://www.cspwal.com/departments/Energy-Assistance-Programs/page/project-share.html
Address	15 th Street across from the mall
Phone	(205) 391-6647
Hours	Monday-Friday 9:00-4:30
Type of Services	Power bill assistance for families if the head of household is over 62 years old or on Social Security Disability. Client calls for an appointment through Temporary Emergency Services.

Name of Agency	Salvation Army
Website	http://salvationarmyalm.org/tuscaloosa/
Address	1035 29 th Street Tuscaloosa 35401
Phone	(205) 553-1600 or (205) 553-1601
Hours	Monday-Friday 9:00-3:00
Type of Services	Bag of non-perishable items, assistance provided every 4 months, clothing is provided once a year, call first but walk ins are accepted. Client needs to bring picture ID, utility bill, SS card for each member of the household. The amount of food depends on the household size.

Name of Agency	St. Mark United Methodist Church
Website	https://www.saintmarknorthport.com/
Address	1421 McFarland Blvd Northport
Phone	(205) 339-5990
Hours	Tuesday, Wednesday, Thursday 8:00-2:00
Type of Services	Food/Baby Food. Assists every 3 months

Name of Agency	Temporary Emergency Services
Website	https://temporaryemergencyservices.org/
Address	1705 15 th Street Tuscaloosa
Phone	(205) 758-5535
Hours	Monday-Friday 9:00-4:30
Type of Services	Bag of food, clothing, baby supplies, furniture for emergency cases, utility assistance, prescription assistance, and dental. Assistance provided once every 6 months. Clients can receive only one service at a time. A referral is needed. Client must bring picture ID, proof of income and SS cards for the entire household.

Name of Agency	The Church at Tuscaloosa
Website	http://www.churchattuscaloosa.com/
Address	6120 Watermelon Road Tuscaloosa
Phone	(205) 759-8050
Hours	Last Saturday of each month
Type of Services	Food assistance. Client or worker should call first for availability

Name of Agency	University Church of Christ
Website	http://www.universitycofc.org/
Address	1200 Tutwiler Dr. (it is located in the small building behind the church)
Phone	(205) 553-3001
Hours	Wednesday from 1:00-4:00
Type of Services	1 bag of food. Lunch for the elderly women at 1:00 pm on Wednesdays. Church will allow clients to come pick up twice a month.

Name of Agency	University Presbyterian Church
Website	
Address	1127 8 th Street Tuscaloosa
Phone	(205) 758-5422
Hours	2 nd and 4 th Tuesday of each month 1:30-3:30
Type of Services	Food assistance. Walk in but it is better to call first. Client must have a picture ID and SS card for each member of the family

Name of Agency	West Alabama Food Bank
Website	https://westalabamafoodbank.org/
Address	3160 McFarland Blvd Northport
Phone	(205) 333-5353
Hours	
Type of Services	Food; food is discounted for clients to purchase. Clients or worker may call to inquire about discounted food, possible assistance, or special giveaways.

Name of Agency	Wings of Grace
Website	http://www.flbc.us/wings-of-grace
Address	3101 Alabama Ave NE Tuscaloosa
Phone	(205) 759-1569
Hours	Thursdays 8:30-2:30 (worker can call for emergencies for assistance)
Type of Services	Food assistance, clothing, and some household items. Clients can receive assistance twice a month. No referral is needed

SECTION 3: INCOME, EMPLOYMENT, AND TRAINING

Name of Agency	Alabama Department of Rehabilitation Services
Website	http://www.rehab.alabama.gov/
Address	1305 James I Harrison Jr. Pkwy Tuscaloosa 35405
Phone	(205) 554-1300
Hours	Monday-Friday 8:00-5:00
Type of Services	College prep for individuals with disabilities, assist with note-taking, study styles, managing time, social skills, stress, advocating for self. Client must be referred by Vocational Rehabilitation Services

Name of Agency	Forest Lake UMC "A Chance to Work" Program
Website	https://forestlakeumc.org/mission-activities/
Address	1711 4 th Ave Tuscaloosa
Phone	(205) 758-6667
Hours	Call for hours
Type of Services	"A Chance to Work" is a new project of FLUM, aimed at assisting unemployed people in our community with developing marketable skills and finding employment. Call for availability.

Name of Agency	Shelton State Community College Adult Education
Website	https://www.sheltonstate.edu/instruction-workforce-development/adult-education/
Address	CA Fredd Campus Building 200, 3401 MLK Blvd Tuscaloosa 35401
Phone	(205) 391-2662
Hours	Monday-Thursday 7:30-6:00, Friday 8:00-12:00
Type of Services	Adult Education & GED classes, English as a second language classes, career readiness and credential (job skills assessment)

Name of Agency	Tuscaloosa Area Career Center
Website	
Address	202 Skyland Blvd. Tuscaloosa, 35405
Phone	(205) 759-2576
Hours	Monday-Friday 8:00-4:30
Type of Services	Provides educational and vocational training to anyone in need of training or re-training to enter the job market. Labor market, vocational rehab, and work with Easter Seals. Resume assistance.

Name of Agency	Tuscaloosa's One Place
Website	https://www.tuscaloosaoneplace.org/
Address	810 27 th Ave Tuscaloosa 35401
Phone	(205) 462-1000
Hours	
Type of Services	Career Development Program. Up to 20-day program beginning on the 1 st business day of each month, education on how to find and keep a job, help with resumes, cover letters and job search techniques.

Employment Agencies

- **ADECCO:** (205) 752-6565
- **Automation Temp:** (205) 344-6119
- **Cheek Mary & Associates:** (205) 333-8550
- **Darrell Walker:** (205) 349-5657
- **Epsco Personnel:** (205) 330-1600
- **Express Personnel:** (205) 758-0080
- **Five Points:** (205) 391-9784
- **Initial Staffing:** (205) 752-0522
- **Instaff Personnel:** (205) 330-0661
- **Kelly:** (205) 759-4451
- **Labor Finders:** (205) 750-0059

- **Men at Work:** (205) 553-1415
- **Onin Staffing:** (205) 342-0616
- **Snelling Personnel:** (205) 822-7878
Temporary:
 - **All Temps:** (205) 349-5657
 - **Five Points:** (205) 391-9784
 - **LF Staffing:** (205) 750-0059

SECTION 4

LEGAL SERVICES AND ADVOCACY

Name of Agency	Alabama Disabilities Advocacy Program (ADAP)
Website	www.adap.net
Address	The University of Alabama Box 870395
Phone	(205) 348-4928 or Toll Free (800) 826-1675
Hours	Call for more information
Type of Services	The individual's situation must involve the abuse or neglect of a person with a disability, a violation of a right granted to a person because that person has a disability, or discrimination based on the disability. Monitors and investigates alleged incidents of abuse or neglect in a variety of public and private facilities that provide care or treatment to persons with disabilities. Mainly serves youth and adults with developmental disabilities or mental illness. Email adap@adap.ua.edu for more information.

Name of Agency	Legal Services Corp of Alabama
Website	www.legalservicesalabama.org
Address	2315 9 th Street Tuscaloosa 35401
Phone	(205) 758-7503 or hotline 1-866-456-4995
Hours	Monday-Friday 9:00-5:00
Type of Services	Civil case work only, NO criminal case referrals, provides mediation services. Appointment is preferred, but walk-ins are not turned away. Intake days are Tuesday, Wednesday, and Thursday

Name of Agency	UA Law School
Website	https://www.law.ua.edu/academics/law-clinics/elder-law-clinic/
Address	Martha Parham Hall (UA campus)
Phone	(205) 348-4960
Hours	8:00-4:45
Type of Services	Disability, public defender, Elder Law- indignant elderly citizens with SS, Medicaid, Medicare, Fraud, Abuse, Pension lost, pension because of mistakes or fraud, children's rights and other individuals. Civil cases must have a referral. Offers free legal services to elderly (60 and up), civil law clinic, domestic violence clinic, and community development clinic

Name of Agency	Volunteer Lawyer Program
Website	www.vlpbirmingham.org/get-help
Address	2021 2 nd Ave. N. Birmingham
Phone	1-888-857-8571 or (334) 269-1515, (205) 250-5198
Hours	8:30-11:30 and 1:30-3:30
Type of Services	Legal assistance for civil, non-fee generating cases. No criminal cases. Income level must be equal or below 125% of federal poverty level, must be interviewed.

SECTION 5

COUNSELING, MENTAL HEALTH SERVICES, ADDICTION SERVICES, & SUPPORT GROUPS

Name of Agency	Ability Alliance
Website	www.abilityalliance.info
Address	1002 McFarland Blvd. Suite K Northport 35476
Phone	205-333-1577
Hours	Monday-Friday 8:00-4:30
Type of Services	Helps ensure people with intellectual disabilities receive appropriate services, assessment/evaluation, case management, dial-a-ride, emergency food assistance, self-advocacy skills training

Name of Agency	Alabama Department of Mental Health
Website	https://mh.alabama.gov/
Address	
Phone	1 (800)367-0955
Hours	
Type of Services	Oversees many regional mental health service providers, state facilities such as Bryce, Mary Stark Harper Geriatric Center, Taylor Hardin. Call for more information about local mental health services. Oversees Region II Community Services, which helps individuals with intellectual disabilities.

Name of Agency	Alabama Department of Rehabilitation Services (ADRS)
Website	http://www.rehab.alabama.gov/
Address	1305 James I Harrison Jr. Pkwy Tuscaloosa
Phone	(205) 554-1300
Hours	Monday-Friday 8:00-5:00
Type of Services	Mainly assist with job training for those with disabilities, such as: vision, hearing, intellectual disabilities, mental illness, substance abuse, or other things which make finding/keeping a job more difficult. Early intervention (birth-3 years) children's rehab, vocational rehab, independent living.

Name of Agency	Alabama Psychiatric Services
Website	http://apsy.com/
Address	825 Rice Mine Road Northport
Phone	(205) 391-3099
Hours	Monday-Friday 8:00-6:00
Type of Services	Psychiatric service, counseling services, substance services-Partial Hospitalization Program. Call for an appointment, does NOT accept Medicaid or Medicare, but will take ALL Kids.

Name of Agency	American Cancer Society
Website	https://www.cancer.org/
Address	
Phone	(205) 758-0175
Hours	Monday-Friday 8:00-4:30
Type of Services	Caregiver/care receiver support groups, health related support groups for cancer patients. Call for schedule and information

Name of Agency	ARC of Tuscaloosa
Website	http://www.thearcoftuscaloosa.org/
Address	1330 University Blvd Tuscaloosa
Phone	(205) 556-4900
Hours	Monday-Friday 7:30-4:30
Type of Services	21 years old and up, must have intellectual and/or developmental disabilities, ARC offers vocational training and living skills. Must have referral through Ability Alliance. Day services, hourly services, in-home respite care

Name of Agency	Area Agency on Aging
Website	https://www.westalabamaaging.org/
Address	4200 Hwy 69 N. Northport
Phone	(205) 333-2990
Hours	
Type of Services	Healthcare advice, discounted prescriptions, help with household chores, caregiver support, legal advice, job placement, etc. 55+ or receiving Social Security Disability, Part of WARC

Name of Agency	Autism Society of Alabama
Website	https://www.autism-alabama.org/
Address	
Phone	1 (877) 428-8476
Hours	Monday-Friday 9:00-5:00
Type of Services	Toll free line to request information about resources and services for Autism. Also provides support groups for families dealing with Autism

Name of Agency	Baptist Association (Part of Pathways Professional Counseling)
Website	https://www.tuscaloosacba.com/counseling
Address	4300 Highway 69 N Northport
Phone	(866) 991-6864
Hours	
Type of Services	Christian Counseling for adults, children, and families. Can offer subsidies for fees when needed. Won't deny services due to inability to pay, but it is recommended fee is \$25.00 a session. Main office is in Birmingham but provides services at the Baptist Association. Call for payment information and appointment. Some insurances excepted.

Name of Agency	Bereavement Support Groups
Website	
Address	3851 Loop Road (Behind the VA Hospital on their campus)
Phone	(205) 523-0101
Hours	
Type of Services	Offers support groups for grief and grief counseling through Hospice of West Alabama

Name of Agency	Bryce Hospital
Website	
Address	
Phone	(205) 507-8000
Hours	
Type of Services	Inpatient psychiatric hospital. 19 years and older

Name of Agency	Capstone Marriage and Family Therapy Clinic
Website	http://www.hdfs.ches.ua.edu/capstone-family-therapy-clinic.html
Address	214 Child Development Research Center
Phone	(205) 348-8154
Hours	Varied
Type of Services	Individual counseling, couples and family counseling. Call for an appointment, payments work on a sliding scale

Name of Agency	Celebrate Recovery (Church at Tuscaloosa)
Website	http://www.churchattuscaloosa.com/ministries/celebrate-recovery
Address	6120 Watermelon Road Northport
Phone	(205) 759-8060
Hours	Saturdays and Mondays at 6:00pm
Type of Services	Christ centered twelve step support group. For addictive behaviors. All are welcome, located in the student room.

Name of Agency	Compassionate Friends (St. Mark United Methodist Church)
Website	https://www.compassionatefriends.org/chapter/tuscaloosa-area-chapter/
Address	1421 McFarland Blvd. N. Northport, 35476
Phone	(205) 554-0735
Hours	2 nd Monday of each month
Type of Services	For parents who have lost a child at any age

Name of Agency	Divorce Care
Website	http://www.divorcecare.org
Address	
Phone	(800) 489-7778
Hours	
Type of Services	Seminar, support groups, and resources for going through divorce. Call or go online to find current and upcoming sessions locally.

Name of Agency	Family Counseling Services
Website	https://www.counselingservice.org/
Address	2020 Paul W. Bryant Drive Tuscaloosa
Phone	(205) 752-2504
Hours	Monday-Friday 8:30-5:00
Type of Services	Provides individual and family counseling, fee based on income, flat fee is \$85.00 but can qualify for a reduced fee. Free services fir Tornado survivors, accepts Blue Cross Blue Shield, ALL Kids, CIGNA, adult and adolescent services

Name of Agency	Family Counseling Services (Anger Management Group)
Website	https://www.counselingservice.org/
Address	2020 Paul W. Bryant Drive Tuscaloosa
Phone	(205) 752-2504
Hours	8:30-5:00
Type of Services	Regular counseling can set up appointment over the phone, court ordered counseling clients must visit the office to schedule the screening appointment. There is a \$50.00 fee, which must be paid before scheduling the appointment. Sessions after screening will be \$30.00 plus a \$20.00 book fee. Anger Management groups meet for 12 weeks.

Name of Agency	Family Counseling Services (Domestic Violence for Kids)
Website	https://www.counselingservice.org/
Address	2020 Paul W. Bryant Drive Tuscaloosa
Phone	(205) 752-2504
Hours	8:30-5:00
Type of Services	DOVE program- free program for adolescents involved in physical domestic conflict. Alternatives to aggression, problem solving skills. Free, 6 group sessions. Call for a schedule.

Name of Agency	Friendship House
Website	
Address	505 19 th Ave Tuscaloosa
Phone	(205) 345-1534
Hours	Monday-Thursday 8:30-2:30
Type of Services	Mental health drop-in center (non-profit), serves Tuscaloosa County, offering support groups for substance abuse and mental illness. Call for information about appointments, hours, etc. No fee. Documentation that they are a mental health recipient and under the care of a doctor and compliant with medication.

Name of Agency	Grief Share
Website	http://griefshare.org
Address	
Phone	(800) 395-5755
Hours	
Type of Services	Support group for those grieving the loss of a loved one, job loss, divorce or any other life event causing grief. 13-week sessions. Held in different locations locally. Call for schedule and locations.

Name of Agency	Indian Rivers Behavioral Health Center
Website	http://irmhc.org/index.php
Address	2209 9 th Street Suite 200 Tuscaloosa 35401
Phone	(205) 391-3131
Hours	Intakes Monday-Friday 8:00-10:00 Office hours: 8:00-5:00
Type of Services	Counseling services, individual/group therapy, case management, skills training, substance abuse, developmental disabilities, medication assistance, testing/evaluations, and 24/7 crisis intervention. Adults and children served, age 5+. Inpatient and outpatient care. Sliding scale fees available for qualified clients. Accepts Medicaid/Medicare and other insurances. Call for an appointment.

Name of Agency	Individual and Family Support Programs
Website	
Address	15273 Wood Bend Road Northport 35442
Phone	(205) 339-1250
Hours	
Type of Services	Information and referrals, advocacy, vehicle/home modifications, equipment, medical/dental care, therapeutic/nursing, respite, vocational/employment, transportation, financial assistance, parent education/training, day care, homemaker services, recreation, service coordination, communication services. Must have developmental disability prior to age 22 and limits them significantly in their day to day activities, exception is traumatic brain injury. Get application from Easter Seals. \$500.00 given annually. Applications are reviewed the 3 rd Monday of each month.

Name of Agency	The Moodies
Website	www.moodies.org
Address	Friendship House 505 19 th Ave Tuscaloosa
Phone	(205) 553-3137
Hours	Meets the 2 nd and 4 th Thursdays from 6-7:30
Type of Services	Support group for those with mood disorders such as bipolar, depression, etc.

Name of Agency	National Alliance on Mental Illness (NAMI)
Website	https://www.nami.org/
Address	
Phone	(205) 752-5774
Hours	
Type of Services	Support groups

Name of Agency	North Harbor Pavilion
Website	
Address	Northport DCH
Phone	(205) 330-3000
Hours	
Type of Services	Treatment for clients in a crisis- ADULTS only 19+

Name of Agency	Tuscaloosa Christian Counseling
Website	
Address	519 Energy Center Blvd. Energy Center Office Park Suite 1103 Northport 35473
Phone	(205) 752-7557
Hours	Monday-Friday 4:00-8:00, Saturday 9:00-6:00
Type of Services	Couples therapy, depression/anger, grief, parent/child, sexual abuse, spiritual issues, life transition. Call for an appointment. Payment is expected at time of service, if client is unable to pay, they need to speak with director before appointment to make payment arrangements.

Name of Agency	University of Alabama Free Counseling Clinic
Website	https://counseling.sa.ua.edu/resources/
Address	
Phone	(205) 348-1193
Hours	Wednesdays
Type of Services	Free counseling one night a week. Call for appointment and information.

Name of Agency	University of Alabama Psychology Clinic
Website	https://psychologyclinic.ua.edu/
Address	200 Hackberry Lane (McMillan Building on UA campus)
Phone	(205) 348-5000
Hours	Monday and Tuesday 8:00-5:00, Wednesday and Thursday 8:00-7:00, Friday 8:00-3:45
Type of Services	Provides mental health assessments and therapy for ages 5 and up. Tests for learning disabilities, gifted assessments, mental health evaluation, etc. Sliding scale fees available. Call for more information and to schedule and intake appointment.

Name of Agency	Veterans Affairs (VA)
Website	https://www.tuscaloosa.va.gov/
Address	3701 Loop Road East Tuscaloosa
Phone	(205) 554-2000
Hours	Monday-Friday 8:00-5:00
Type of Services	Provides primary care, long-term health care, caregiver services, and mental health care services to eligible veterans.

SECTION 5

COUNSELING, MENTAL HEALTH SERVICES, ADDICTION SERVICES, & SUPPORT GROUPS: ADDICTION SERVICES

Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Cocaine Anonymous (CA), and Celebrate Recovery (CR) Meeting Schedule

Types of services: 12 step meetings

Phone: (205) 290-0060

Alcoholics Anonymous: www.aa.org

Cocaine Anonymous: www.ca.org

Narcotics Anonymous: www.na.org

Alanon and Alateen: www.al-anon.alateen.org

Celebrate Recovery: www.celebraterecovery.com

Sunday Meetings

AA 9:30 am AA Clubhouse O, NS, Disc.

AA Noon AA Clubhouse C, Disc.

AA 4:15 pm AA Clubhouse O Disc., PS

AA 6:00 pm AA Clubhouse C, Disc.

CA 7:00 pm B.F. Goodrich, Union Hall Big Book

AA 8:00 pm AA Clubhouse C, Big Book

Monday Meetings

AA Noon AA Clubhouse C, NS, 12&12

AA 4:15 pm AA Clubhouse C, Disc.

AA 6:00 pm AA Clubhouse O, Young Person's

CR 6:00 pm The Church at Tuscaloosa O, PS, Fellowship, SS

AA 7:30 pm Student Health Center 1st Floor classroom O College Age Person's

AA 7:30 pm AA Clubhouse O, Steps 1, 2, 3

AA 7:30 pm VAMC-auditorium O, PS

CA 8:00 pm B.F. Goodrich, Union Hall O

Tuesday Meetings

AA Noon AA Clubhouse O, NS, Disc.

NA 4:00 pm VAMC-Auditorium O, PS

AA 4:15 pm AA Clubhouse C, Big Book

AA 5:30 pm Trinity United Methodist Church C, NS, Women Only

AA 6:00 pm AA Clubhouse C, Disc.

NA 6:00 pm Bradford Health Services O, Newcomers, PS

AA 6:30 pm Christ Episcopal Church (Gordo) O, SS, NS

CR 6:30 pm Mt. Pleasant Baptist Church (Gordo) NS

AA 8:00 pm AA Clubhouse C, Disc

NA 8:00 pm University Presbyterian C, NS, Book Study

Wednesday Meetings

AA Noon AA Clubhouse O, Disc.

AA 4:15 pm AA Clubhouse C, Disc.

NA 6:00 pm Bradford Health Services O, Newcomers, PS *Will meet at 5 pm on last Wednesday of the month*

CR 6:30 pm University Church of Christ O, NS

AA 7:00 pm North Harbor Pavilion O

AA 7:00 pm The Phoenix House C, Step Meeting

CA 8:00 pm B.F. Goodrich, Union Hall O

AA 8:00 pm AA Clubhouse C, NS, Big Book

Thursday Meetings

AA Noon AA Clubhouse C, NS, Big Book

AA 4:15 pm AA Clubhouse O, Disc., PS

AA 6:00 pm AA Clubhouse C, Disc.

AA 6:30 pm Christ Episcopal Church O, Mostly Men, NS

AA 7:00 pm VAMC-Auditorium O, PS

CMA 7:00 pm Phoenix House O

AA 8:00 pm AA Clubhouse C, Disc.

NA 8:00 pm Insight Center C, Disc., NS

Friday Meetings

AA Noon AA Clubhouse C, Disc.

AA 4:15 pm AA Clubhouse C, NS, Disc.

AA 6:00 pm AA Clubhouse C, Disc.
AA 7:00 pm North Harbor Pavilion O
AA 7:00 pm Phoenix House C, Disc.
AA 8:00 pm AA Clubhouse C, 12&12
NA 8:00 pm University Presbyterian C, Disc., NS

Saturday Meetings

AA 9:30 am Trinity United Methodist Church O, NS, PS, Women
AA Noon AA Clubhouse C, Disc.
AA 4:15 pm AA Clubhouse C, 12&12
NA 4:00 pm VAMC- Bldg. 137 4th floor classroom O, PS
CR 6:00 pm The Church of Tuscaloosa *O, PS, Fellowship/Food/Music
*Also have meetings for co-dependency at same time as the chemical dependency meetings
AA 8:00 pm AA Clubhouse O, NS, Speaker
NA 8:00 pm Insight Center C, Disc., NS

C= Closed Meeting (for those who have a desire to stop drinking

O= Open Meeting (for anyone interested in alcoholism, AA or addiction, NA, CA)

NS= Non-smoking meeting

Disc.= Discussion Meeting

12&12= 12 steps and 12 Traditions Meeting

Big Book= Big Book Meeting

PS= Paper-signing meeting for legal or other needs

B= Beginner's Meeting

SS= Step Study

Meeting Locations

- **AA Clubhouse**
2025 Jack Warner Pkwy
Tuscaloosa, AL
(205) 345-5353 (clubhouse number)
(205) 759-2497

- **Bradford Health Services**
515 Energy Center Blvd.
Northport, AL
(205) 750-0227
- **B.F. Goodrich Union Hall Local 351**
1923 Culver Road
Tuscaloosa, AL
(205) 758-4476 Union Hall
- **Christ Episcopal Church**
605 Lurleen Wallace Blvd. North
Tuscaloosa, AL
(205) 758-4252 (church phone)
- **North Harbor Pavilion**
2700 Hospital Drive
Northport, AL
(205) 330-3000 (office phone)
- **The Insight Center**
3532 23rd Street
Tuscaloosa, AL
(205) 391-0132
- **The Phoenix House**
700 35th Ave
Tuscaloosa, AL
(205) 758-3867
- **University Church of Christ**
1200 Tutwiler Drive
Tuscaloosa, AL
(205) 553-3001
- **Trinity United Methodist Church**
729 Paul Bear Bryant Drive East
Tuscaloosa, AL
(205) 759-4206 (church phone)
- **University Presbyterian Church**
1140 8th Street
Tuscaloosa, AL
(205) 758-5422 (church phone) or (205) 941-2655

- **VA Medical Center (VAMC)**
3701 Loop Road East
Tuscaloosa, AL
(205) 554-2000 (main hospital phone) Substance Abuse Unit: Ext. 2690
- **The Church at Tuscaloosa**
6120 Watermelon Road
Northport, AL
(205) 759-8050 (church phone)
- **Mt. Pleasant Baptist Church**
3425 County Road. 21
Gordo, AL
(205) 364-6143

ALANON

Meets daily (except Sundays) from noon to 1:00 pm at the AA Clubhouse, as well as on the following days and times:

Sundays at 3:00 pm at the AA Clubhouse

Sundays at 8:00 pm at the AA Clubhouse

Tuesdays at 6:30 pm at Christ Episcopal Church (Step Study)

Tuesdays at 8:00 pm at the AA Clubhouse

Wednesdays at 8:00 pm at AA Clubhouse

Thursdays at 6:30 pm at Christ Episcopal Church (Discussion Meeting)

Name of Agency	Alabama Psychiatric Services
Website	www.apsy.com
Address	825 Rice Mine Road N. Tuscaloosa 35406
Phone	(205) 391-3099
Hours	
Type of Services	Appointment needed, no referral necessary. Twelve Step Meetings

Name of Agency	Bradford Treatment Center
Website	https://bradfordhealth.com/locations/tuscaloosa-regional-office/
Address	515 Energy Center Blvd. Northport 35473
Phone	(205) 750-0227
Hours	Monday-Friday 24 hours
Type of Services	Free crisis help, walk-ins accepted. No referral needed.

Name of Agency	Celebrate Recovery
Website	www.thechurchattuscaloosa.com
Address	6120 Watermelon Road Northport
Phone	(205) 759-8050 (church phone)
Hours	
Type of Services	Religious based support group for those in recovery-childcare available. No referral needed.

Name of Agency	Family Counseling Services
Website	https://www.counselingservice.org/
Address	2020 Paul Bryant Drive Tuscaloosa
Phone	(205) 752-2504
Hours	Monday-Friday 8:00-5:00
Type of Services	Level 1 outpatient substance abuse counseling. Groups are held in the evenings, 2 days a week. Private insurance. Does NOT accept Medicaid. Must bring insurance card, SS card, proof of income, \$25.00, photo ID, and all medication that the client is taking.

Name of Agency	Indian Rivers Behavioral Health Center
Website	http://irmhc.org/index.php
Address	2209 9 th Street Tuscaloosa 35401
Phone	(205) 391-3131
Hours	Monday-Friday 8:00-5:00. 24/7 Crisis Line
Type of Services	Substance abuse treatment. No appointment necessary and no referral needed. Children and adults.

Name of Agency	Phoenix House
Website	http://www.phoenixhousetuscaloosa.com/
Address	700 35 th Ave. Tuscaloosa 35401
Phone	(205) 758-3867
Hours	24/7
Type of Services	Appointment needed but a referral is not required. Inpatient and outpatient treatment provided.

Name of Agency	Self-Recovery
Website	https://www.selfrecovery.net/
Address	Different locations in the State of Alabama
Phone	(866) 255-3350 Or (334) 287-3400
Hours	
Type of Services	7-10 day detox treatment and help with long-term sobriety. Call for appointment.

Name of Agency	The Bridge
Website	https://bridgeinc.org/
Address	
Phone	(256) 546-6324
Hours	
Type of Services	Recovery center for teens ages 12-18 dealing with addiction. A referral is needed from court, the school, or community agencies

Name of Agency	Tuscaloosa Treatment Center
Website	
Address	1001 Mimosa Park Road Tuscaloosa 35401
Phone	(205) 752-5857
Hours	Monday-Friday 6:00 am-2:00 pm
Type of Services	Comprehensive opioid treatment. Call for an appointment

Name of Agency	Tuscaloosa VA Medical Center
Website	https://www.tuscaloosa.va.gov/
Address	3701 Loop Road East Tuscaloosa
Phone	(205) 554-2000
Hours	Monday-Friday 8:00-4:30
Type of Services	Set up a screening date/if accepted. Maybe a waiting list. Recovery from substance abuse. No walk-ins.

SECTION 6

EDUCATION

Name of Agency	Adult Education Program
Website	
Address	
Phone	(205) 391-2655
Hours	Monday-Friday 8:00-4:30
Type of Services	Helps adults receive a HS diploma, no cost for training or books

Name of Agency	Big Brothers/Big Sisters
Website	www.bbbswestal.org
Address	2721 6 th St, Tuscaloosa 35401
Phone	(205) 758-5734
Hours	
Type of Services	Mentor program for school aged children until age 12

Name of Agency	Boys and Girls Club of West Alabama
Website	https://www.bgcwestal.org/
Address	717 21 st Ave E
Phone	(205) 553-3879
Hours	
Type of Services	Afterschool/summer programs for children. Call for more information. Age 6-18 can join, \$20.00 membership fee, summer programs are \$20.00 a week.

Name of Agency	Head Start
Website	https://www.cspwal.com/departments/Head-StartEarly-Head-Start.html
Address	
Phone	(205) 752-5429
Hours	
Type of Services	Child development program. Expectant mothers, infants, and toddlers.

Name of Agency	McDonald Hughes Community Center
Website	http://www.tcpara.org/parks/view/mcdonald-hughes-community-center
Address	3101 MLK Jr. Blvd. Tuscaloosa 35401
Phone	(205) 562-3215
Hours	Monday-Friday 8:00-8:00
Type of Services	Variety of free programs. Financial literacy, health education, afterschool programs for children K- 5 th grade, programs for seniors, job skills training, computer knowledge.

Name of Agency	Plus Literacy Program
Website	https://www.sheltonstate.edu/instruction-workforce-development/adult-education/
Address	3401 Martin Luther King Jr Blvd, Tuscaloosa 35401
Phone	(205) 391-2671
Hours	Hours vary
Type of Services	Assists adults who need help with reading skills. This program is through Shelton State Community College. Call for information.

Name of Agency	Shelton State Community College
Website	https://www.sheltonstate.edu/instruction-workforce-development/adult-education/
Address	3401 Martin Luther King Jr Blvd, Tuscaloosa 35401
Phone	(205) 391-2211
Hours	Hours and schedules vary. Call for information.
Type of Services	Provides GED prep classes, also higher education classes to those with a high school diploma or GED, career readiness courses, job skills assessments, placement tests, ready to work programs. Many programs free to the community.

Name of Agency	Tracy Dent Foundation
Website	http://tracydentfoundation.pledgepage.org/
Address	
Phone	(205) 633-4100 or (205) 246-5655
Hours	11:00-1:00 each Saturday
Type of Services	Free tutoring for K-12 children. Call to get a child enrolled. \$25.00 registration fee but all tutoring sessions are free.

Name of Agency	Tuscaloosa City Board of Education
Website	www.tuscaloosacityschools.com
Address	1210 21 st Ave Tuscaloosa
Phone	(205) 759-3700
Hours	Monday-Friday, 8:00-4:30
Type of Services	Pre-K through 12 Educational Services

Name of Agency	Tuscaloosa County Board of Education
Website	www.tcbs.net
Address	1118 Greensboro Ave Tuscaloosa
Phone	(205) 758-0411
Hours	Monday-Friday, 8:00-4:30
Type of Services	Pre-K through 12 Educational Services

Name of Agency	Tuscaloosa County Extension Services
Website	https://www.aces.edu/counties/tuscaloosa/
Address	2513 7 th St, Tuscaloosa 35401
Phone	(205) 349-4630
Hours	Monday-Friday 8:00-5:00
Type of Services	Provides adult education, information, and referrals. Financial education/literacy programs.

Name of Agency	Tuscaloosa Public Library
Website	http://www.tuscaloosa-library.org/
Address	1801 Jack Warner Parkway, Tuscaloosa 35401
Phone	(205) 345-5820
Hours	Hours vary
Type of Services	Provides educational services. Contact more about what is available and schedule.

SECTION 7

TRANSPORTATION SERVICES

Name of Agency	Catholic Social Services
Website	https://www.csstuscaloosa.org/
Address	608 James I Harrison Jr Pkwy E, Tuscaloosa 35405
Phone	(205) 759-1268
Hours	
Type of Services	On some occasions Catholic Social Services may provide clients assistance with getting gas to go to medical appointments. Free for qualified clients. Must call and speak to agency about availability.

Name of Agency	Easter Seals
Website	www.eastersealswestal.org
Address	
Phone	(205) 759-1211
Hours	
Type of Services	Transportation and assistance to work. Open to the public but MUST be referred by ADRS. No cost.

Name of Agency	Focus on Senior Citizens
Website	http://www.focusonseniorcitizens.org/
Address	3801 Loop Road, Tuscaloosa 35404
Phone	(205) 554-1919
Hours	
Type of Services	Transportation for senior citizens to medical appointments. Suggested \$5.00 donation per ride. Ages 60 +, must contact FOCUS about getting signed up and scheduling services

Name of Agency	Kid One Transport
Website	www.kidone.org
Address	
Phone	1 (800) 543-7143
Hours	
Type of Services	Medical transportation for children and expecting mothers. Must have Medicaid. Must complete application and schedule rides 2 weeks-30 days in advance.

Name of Agency	Love, Inc.
Website	http://www.loveinctuscaloosa.com/
Address	3101 Main Ave Ste A, Northport 35476
Phone	(205) 614-2849
Hours	
Type of Services	Through area partnerships Love Inc. Aims to fill gaps in services such as transportation, home repair, baby supplies, furniture, etc. Free services to clients that qualify. Clients must apply through Love Inc. To be considered for services.

Name of Agency	Medicaid Transport
Website	
Address	
Phone	1-800-688-7989 or 1-800-362-1504
Hours	
Type of Services	Assist with transportation to medical appointments (reimbursement for gas, etc.) Must have Medicaid or be Medicaid eligible.

Name of Agency	Temporary Emergency Services
Website	https://temporaryemergencyservices.org/
Address	1705 15 th St, Tuscaloosa 35401
Phone	(205) 758-5535
Hours	Monday-Friday 9:00-4:30
Type of Services	<p>Gas Assistance- given to clients with doctor's appointment outside of Tuscaloosa County, but no further than Birmingham.</p> <p>Bus Tickets- only given to clients with referral from Red Cross, Turning Point, or the Police Department.</p> <p>One-time assistance. Wednesdays only. Will also assist with \$30.00 towards obtaining Driver's License, birth certificate, or picture ID. No referral for ID necessary, but the client is responsible for contacting the proper offices to find out the cost of replacing/obtaining. If ID, client must call the State Troopers Office.</p>

Name of Agency	Tuscaloosa Transit Authority
Website	www.tuscaloosatransit.com www.uatrolley.org
Address	
Phone	(205) 556-3876 or (205) 343-2300
Hours	
Type of Services	Demand response vans: prioritized to medical appointments, the elderly and the disabled. Van equipped with wheelchair lifts. Tuscaloosa Trolley has routes around the City of Tuscaloosa \$2.00 per ride (round trip \$4.00). Visit www.tuscaloosatransit.com for trolley schedule.

Name of Agency	Whatley Health Transportation Services
Website	https://www.whatleyhealth.org/
Address	2731 Martin Luther King Jr Blvd, Tuscaloosa 35401
Phone	(205) 758-6647
Hours	Tuesday and Thursday only
Type of Services	Transportation services to patients of Maude Whatley

SECTION 8

EMERGENCY NUMBERS, GOVERNMENT NUMBERS, AND HOTLINES

- **Alabama Coalition Against Domestic Violence:**
1-800-650-6522
- **ALL KIDS, AL Department of Public Health; Children's Health Insurance Program**
1-800-373-5437
- **Birmingham Crisis Line:**
(205) 323-7777
- **Bradford Health Services Response Office:**
1-800-891-9673 Or (205) 750-0227
- **Brookwood Town Hall:**
15689 Highway 216 Brookwood
(205) 556-1300
- **Child Abuse:**
1-800-422-4453
- **Crisis Center Teen Link (3:00pm-10:00pm)**
(205) 328-5465

- **Emergency:**
911
- **Drugs**
1-800-729-6686
- **Elder Abuse:**
1-800-356-9596
- **Fire Departments:**
 - Tuscaloosa Fire Department**
3801 Millcreek Avenue Tuscaloosa
(205) 349-1100
 - Northport Fire Department**
(205) 339-7100
 - Brookwood Fire Department**
15689 Highway 216 Brookwood
(205) 556-7411
 - Vance Fire Department:**
(205) 553-8278
- **Grief Support:**
1-650-321-5272
- **HIV/Aids Hotline-Alabama**
1-800-228-0469
- **Indian Rivers Behavioral Health (Crisis Response Team):**
(205) 391-3131
- **Law Enforcement Agencies:**
 - Tuscaloosa Police Department**
3801 Millcreek Avenue Tuscaloosa 35401
(205) 349-2121
 - Northport Police Department**
3721 26th Ave Northport
(205) 339-6600
 - Tuscaloosa County Sherriff's Department**
714 ½ Greensboro Avenue Tuscaloosa
(205) 752-0616
 - Brookwood Police Department**
15689 Highway 216 Brookwood
(205) 556-0103

Vance Police Department

17710 Vance Municipal Drive Vance
(205) 553-8278

University of Alabama Police Department

1110 Jackson Ave Tuscaloosa
(205) 348-5454

- **National AIDS Hotline:**
1-800-342-2437
- **National Cocaine Hotline:**
1-800-262-2463
- **National Council of Alcoholism:**
1-800-622-2255
- **National Domestic Violence:**
1-800-799-7233
- **National Hope Line Network:**
1-800-442-4673
- **National Rape Crisis:**
1-800-656-4673
- **National Suicide Prevention Lifeline:**
1-800-273-8255 or 1-800-784-2433
- **National Youth Crisis:**
1-800-442-4673
- **Northport City Hall:**
3500 McFarland Blvd. Northport
(205) 339-7000
- **Pregnancy:**
1-888-672-2296
- **Suicide Hotline:**
1-800-SUICIDE
- **Suicide Hotline:**
1-800-448-3000
- **Tuscaloosa City Hall:**
2201 University Blvd. Tuscaloosa
(205) 248-5311
- **Tuscaloosa County Courthouse:**
714 Greensboro Avenue Tuscaloosa
(205) 349-3870

- **Tuscaloosa County Health Department:**
(205) 562-6900
- **Vance Town Hall:**
17710 Vance Municipal Drive Vance
(205) 553-8278

SECTION 9

AGING SERVICES

Name of Agency	Amedisys Home Health Care
Website	https://www.amedisys.com/locations/home-health-care-northport-al/
Address	1300 McFarland Blvd. NE Suite 320 Tuscaloosa
Phone	(205) 752-0606
Hours	Monday-Friday 8:00-5:00, 24/7 on call
Type of Services	In home care for elderly and any others with qualifying insurance. Referral needed from doctor to determine eligibility. Medicare may pay.

Name of Agency	Area Agency on Aging
Website	https://www.westalabamaaging.org/
Address	4200 Hwy 69 N. Northport
Phone	(205) 333-2990
Hours	
Type of Services	Healthcare advice, discounted prescriptions, help with household chores, caregiver support, legal advice, job placement, etc. 55+ or receiving Social Security Disability

Name of Agency	Caring Days
Website	https://www.caringdays.org/
Address	943 31 st Street E. Tuscaloosa
Phone	(205) 752-6840
Hours	Monday-Friday 7:30-5:30
Type of Services	Adult daycare. Also provides support groups for family members. Appointment needed, no referral needed. Must have a documented memory disorder.

Name of Agency	FOCUS on Senior Citizens
Website	http://www.focusonseniorcitizens.org/
Address	3801 Loop Road Tuscaloosa
Phone	(205) 553-3133
Hours	Monday-Friday 8:00-4:30
Type of Services	Nutrition, foster grandparent program, emergency bill assistance, socials, prescription assistance, activity center. Age 60+ mostly. Will also help with transportation to doctor appointments.

Name of Agency	Hospice of West Alabama
Website	https://hospiceofwestal.com/
Address	3851 Loop Road Tuscaloosa
Phone	(205) 523-0101
Hours	Monday-Friday 8:00-4:30
Type of Services	Physical and mental health care, support groups, by appointment. Individualized counseling. If medical criteria is met, service provided for family and patients.

Name of Agency	Legal Counsel for the Elderly
Website	www.uaelderlaw.org
Address	
Phone	(205) 348-4960
Hours	Monday-Friday 8:00-4:45
Type of Services	Civil clinic, domestic violence, elder law, mediation. Must be 60+, appointment needed.

Name of Agency	Lifeline
Website	
Address	
Phone	1-800-543-3546 ext. 3050
Hours	24 hours a day
Type of Services	Easy to use personal response service that ensures that older adults living in a home can get quick assistance. Medicare clients may qualify, otherwise the cost is out of pocket.

Name of Agency	Meals on Wheels (Through Community Service Program)
Website	https://www.cspwal.com/departments/Meals-on-Wheels.html
Address	601 Black Bears Way Tuscaloosa
Phone	(205) 752-5429
Hours	Monday-Friday 11:30—12:30
Type of Services	Requirements: homebound and unable to provide meals to themselves. Will serve for several weeks a month but will vary. 1 meal per day, delivered to your home. One meal is \$3.00 and \$15.00 a week.

Name of Agency	Oasis Program (Through ADRS)
Website	http://www.rehab.alabama.gov/individuals-and-families/vocational-rehabilitation-service-blind-deaf/blind-and-low-vision-services/independent-living
Address	
Phone	(205) 554-1300
Hours	
Type of Services	Services for those who are blind or visually impaired. Provides resources. Must be 55+ and have suffered vision loss.

Name of Agency	Senior Rx Program (Part of Area Agency on Aging)
Website	https://www.westalabamaaging.org/seniorx
Address	4200 Hwy 69 N Ste 1, Northport 35473
Phone	(205) 333-2990
Hours	Monday-Friday 8 am – 4:30 pm
Type of Services	Medication assistance for adults 55+ or with proven disability. No prescription drug coverage or are in waiting period for Medicare coverage. Free prescriptions for eligible clients. Must call for more information.

SECTION 10

PARENTING ASSISTANCE

Name of Agency	Child Abuse Prevention Services
Website	http://capstuscaloosa.com/
Address	618 14 th Street, Tuscaloosa 35401
Phone	(205) 758-1159
Hours	
Type of Services	Safe Sleep Program offers cribs to qualified pregnant mothers. Educational parenting classes and resources.

Name of Agency	Child Development Resources
Website	http://www.hdfs.ches.ua.edu/child-development-resources.html
Address	651 Peter Bryce Blvd, Tuscaloosa 35487
Phone	(205) 348-2650
Hours	Monday-Friday 8:00-4:30
Type of Services	Child care resources, child care provider training, resources and referrals for child development, parent education and support. Call for information and eligibility.

Name of Agency	Compassionate Friends
Website	
Address	St. Mark United Methodist 1421 McFarland Blvd. Northport
Phone	(205) 554-0735
Hours	Meetings held the 2 nd Monday of the month at 6:30 pm
Type of Services	For parents and families who have had a child die at any age.

Name of Agency	Easter Seals
Website	http://www.eswaweb.org/
Address	1400 James I Harrison Jr. Pkwy Tuscaloosa
Phone	(205) 759-1211
Hours	Monday-Friday 8:00-4:30
Type of Services	Offers Parents as Teachers educational program, Nurse Family Partnership Program (for new moms). Also provides payee services, transportation help, workforce development. Call for an appointment and more information.

Name of Agency	Help Me Grow
Website	helpmegrow@ches.ua.edu
Address	
Phone	1-866-962-3030 or (205) 348-4026
Hours	
Type of Services	Free program for ages 5 and under. Developmental screening provided. Call or email for information. Health and developmental resources and services to families to help children learn and grow.

Name of Agency	Individual & Family Support Programs
Website	
Address	15273 Wood Bend Road Northport 35442
Phone	(205) 339-1250
Hours	
Type of Services	Information and referrals, advocacy, vehicle/home modifications, equipment, medical/dental care, therapeutic/nursing, respite, vocational/employment, transportation, financial assistance, parent education/training, day care, homemaker services, recreation, service coordination, communication services. Must have developmental disability prior to age 22 and limits them significantly in their day-to-day activities, exception is traumatic brain injury. Application at Easter Seals & must have doctor's note. \$500.00 yearly. Applications reviewed 3 rd Monday of each month.

Name of Agency	Jean Browning Maternity Home
Website	
Address	Physical address will not be posted. Fosters, AL
Phone	(205) 394-1634 or (205) 394-1633
Hours	24/7
Type of Services	Must be an expectant mother without a home and no parental support-Age 19-22. Depending on the situation, sometimes accepts women of different ages or with older children. Can call church office to determine eligibility. (205) 759-1439

Name of Agency	Parenting Assistance Line
Website	www.pal.ua.edu
Address	
Phone	1-866-962-3030
Hours	Monday-Friday 8:00 am-8:00 pm
Type of Services	Parenting resource specialist offers helpful information and support. Offered in English and Spanish. Callers can also request free literature about specific parenting concerns.

Name of Agency	Storks Nest
Website	
Address	3416 8 th Street Tuscaloosa 35401
Phone	(205) 759-5044
Hours	
Type of Services	Offer support and resources, mothers get points for attending classes, activities, & doctor appointments, and can redeem points for baby items. Program for expectant mothers. Client can call church to get enrolled in program.

Name of Agency	Temporary Emergency Services
Website	https://temporaryemergencyservices.org/
Address	1705 15 th Street Tuscaloosa 35405
Phone	(205) 758-5535
Hours	Monday-Friday 9:00 am-4:30 pm
Type of Services	Baby supplies. Referral required, would call first if specific type of formula or specialty item is requested.

Name of Agency	Women, Infant and Children (WIC) Located in the Tuscaloosa Health Department
Website	https://www.alabamapublichealth.gov/tuscaloosa/
Address	5260 Hargrove Road E Tuscaloosa 35405
Phone	(205) 562-6900
Hours	Monday-Friday 8:00 am-5:00 pm
Type of Services	Pregnant women and women with infants or with children under 5 years of age are eligible. Client must call for appointment. Monthly food vouchers.

Name of Agency	Tuscaloosa's One Place
Website	https://www.tuscaloosaoneplace.org/
Address	810 27 th Avenue, Tuscaloosa 35401
Phone	(205) 462-1000
Hours	
Type of Services	<p>Parent to Parent: is a 6-week parenting program with one and one-half hour sessions that occur one evening per week. The purpose of the classes is to develop strong, healthy families; promote positive parenting; teach basic child development; and prevent child abuse and neglect. Offered to residents of Tuscaloosa County only, client must register, must follow all rules, and must attend all 6 series in order to receive certificate of completion. Monday nights 5:30-7.</p> <p>There's No Place Like Home: Home visitation program that promote positive parenting, self-reliance, and public awareness. Offered to parents that live in Tuscaloosa County, home visits are conducted at least once a month. 45-60 minutes</p> <p>The Parent Project: Intensive 10-week parenting program for strong-willed teens and their parents. The program is nationally accredited and provides detailed ways to effectively deal with the teenage years. \$35.00 material fee, held at Tuscaloosa's One Place</p>

	<p>Teen Parenting Classes (currently not available): The class teaches basic child development and preventive health education. The goal of this program is to promote positive parenting, introduce abstinence education, provide a support group for these teen parents, and prevent further teen pregnancies. Teen parenting classes are offered to teenage parents and expecting parents at Holt High School. Classes are offered once a week for 1 to 2 hours during one of the four-block sessions.</p> <p>Baby TALK: TOP partners with the UA Child Development Baby TALK program to provide information and services to parents regarding childhood development for children ages 0-3 years. TOP staff also make weekly visits to Druid City Hospital (DCH) Tuscaloosa Obstetrics Unit to visit and support new mothers.</p> <p>Fatherhood Program: Voluntary program that focuses on promoting responsible parenting, healthy marriage, and economic stability. Can help fathers better understand child support negotiations, find employment, and have stronger relationships with their children.</p>
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